

INTERNATIONAL DAY OF YOGA

Organized by: YRC and NSS Units

Date: 21.06.2024

Venue: Hall no. 06

The International Day of Yoga was observed by the YRC and NSS Units of Tulasi Women's College on 21.06.2024. The program was chaired by the Principal, Prof. Ranjit Ranjan Sahoo. Following the prayers, Prof. Sahoo delivered the welcome address in which he explained the benefits of Yoga. Prof. Kshyama Sagar Prusty graced the occasion as the instructor. NSS coordinators, Miss Banya Behera and Miss Pravasini Jena, Self defence training officers Mrs Surita Mishra and Mrs Soumyakanti Mitashri, YRC coordinators Dr Sujata Bhatt and Mr Ranjit Das along with other staff members of the institution were present in the program. More than 100 students participated in the program, making it a huge success.

